

Dear NHS Swimming and Diving Parents –

Monday, August 17, 2026 at 6:00pm, the Northwest Swimming and Diving Team will have their annual popsicle social to kick off the 2025-2026 season. All parents and athletes are invited.

The event will be in the Northwest High School Student Union (Cafeteria). The highlights of the meeting will be as follows:

1. Coach Pottorff introduction
2. Swimming expectations
 - The importance of communication
 - SportsYou
 - Team newsletter
 - Canvas
 - Required Equipment
 - Junior Varsity and Varsity
 - Swimsuit
 - Goggles
 - Towel
 - Cap (optional)
 - Varsity Only
 - Fins
 - Paddles
 - Buoy
 - The importance of practice
 - Practice is at the NISD Aquatic Center
 - Varsity practice begins at 6:45 am
 - JV practice ends at 4:30 pm
 - What to do if your child is sick
 - What to do if your child is injured
 - The importance of meets
 - Must ride the bus to ***and*** from every meet
 - What to do if your child can't go to a meet
 - Food for meets
 - Team Pictures – TBD
3. Explanation of the purpose behind the NHS Swimming and Diving Booster Club
 - Booster Club meetings will be the 1st Monday of every month
4. Time for Questions and Answers
5. Time to meet with and join the booster club

I look forward to meeting everyone on Monday, August 17, 2026 at 6:00pm.

Kristi Pottorff

Northwest High School Head Swimming and Diving Coach