

SAVE THE DATE

Northwest ISD Athletic Physicals

All incoming 7th-12th grade athletes are required to have a yearly physical exam.

A physical administered prior to **April 1, 2026** will not be accepted for athletics.

Please plan to attend your high school or feeder pattern school.

Pre-Registration \$20 / Walk-Ups \$25



Eaton High School - Thursday, April 23rd

Questions? Email:

maddie.elder@nisdtx.org

nancy.paredes@nisdtx.org

jesus.holguin@nisdtx.org



Byron Nelson High School - Friday, May 1st

Questions? Email:

chelsea.smith@nisdtx.org

david.dietrich@nisdtx.org

joel.garza@nisdtx.org



Northwest High School—Wednesday, May 20th

Questions? Email:

rstevenson@nisdtx.org

tahnee.beal2@nisdtx.org

baylie.benge@nisdtx.org

More information regarding ticket sales will be shared at a later date. Until then, please follow our social media pages or visit our NISD Athletics Page.



@BnAthTraining @NWTexans_AT @eatonathtrainer



@bnhsathletictraining @nwtexans_at